

**EXTRACURRICULAR  
POLICIES  
AND  
DISCIPLINE**

**COACHING WITH  
CHARACTER  
AND  
INTEGRITY**

## EVANT ISD JH/HIGH SCHOOL EVANT ELK ATHLETIC MISSION STATEMENT

### I. TO PROMOTE THE PERSONAL GROWTH OF OUR STUDENTS

- a. Students leave the program as better people and more prepared to live life.
- b. Take our players to a level that a student-athlete cannot take himself by maximizing each player's academic/athletic talent and character.
- c. Our approach is based upon the core values of TRUST, CARE, RESPECT, and ENTHUSIASM:
- d. The primary lesson to be gained from athletics is a commitment to excel which requires DEDICATION, HARD WORK, COOPERATION, and the SUBORDINATION of the individual for the GOOD OF THE TEAM.

### II. TO PRACTICE A STRONG WORK ETHIC THAT LEADS TO BEING THOROUGH AND PREPARED

- a. A work ethic applies during the season, off-season and during the summer.
- b. Understand that success requires people to DESIRE, COMMIT, AND WORK FOR IT.
- c. Work to have a WINNING SEASON, WIN DISTRICT, PLAY IN THE PLAYOFFS AND ULTIMATELY, WIN THE STATE TITLE.

### III. TO REPRESENT EVANT ISD IN A POSITIVE WAY

- a. We will do our best to operate our program PROFESSIONALLY and with INTEGRITY.
- b. Require players to fit into the ACADEMIC mission of the school.
- c. Do our best to give our players every opportunity to GRADUATE.

### IV. TO PROMOTE THE ELEMENTS OF TEAM WORK AND LEADERSHIP

- a. Develop a "FAMILY" atmosphere between our players and from coach to players.
- b. Promote UNITY, PRIDE, CONFIDENCE and a feeling of ACCOUNTABILITY TO THE TEAM.

- "Participants", "Athletics", "Extracurricular" or "Students" in relation to this policy encompasses the following groups:
  - Any student that is involved in any extracurricular program that Evant ISD offers (football, basketball, UIL, etc.)
  - Any student that is enrolled in grades 6-12 that are involved in Cheerleading, Pep Squad, and Drill Teams, etc.

## EVANT ISD JH/HIGH SCHOOL EVANT ELK Extracurricular POLICIES

### I. Classroom Academics

As stated in our Athletic Mission Statement, academics are our highest priority. State law requires every participant to have a passing grade in each subject and each reporting period to be eligible to play or participate.

\* Participants are expected to exemplify the same discipline and work ethic in the classroom as they do on the playing field.

\* Players who become ineligible at the end of a six weeks, do not regain eligibility at the three week, and fail again the following six weeks may be removed from the athletic program for the remainder of the school year if deemed "at academic risk."

\* Participants progress will be monitored consistently by their coach/sponsor. *Corrective measures, discipline, and/or dismissal may take place immediately if a student is deemed "at academic risk" because of lack of effort, missed assignments, behavior, absences, or any other factors that may affect grades. Student/Athletes who do not earn sufficient credits due to behaviors that deem them "at academic risk" cannot re-enter the extracurricular program until academic progress has been documented over the course of one semester or approval by the Athletic Director.*

### II. Alcohol

Participants involved with alcohol are not only a detriment to themselves but to the wellbeing and reputation of the school program itself. Use of alcohol is a violation of rules; it is against the law for people under 21 years of age and will be dealt with as a serious matter.

A Participant charged with, witnessed by a school official, or by self admission to have been in possession, consumption, or being under the influence of alcohol will be dealt with as a serious matter. First offense will result in running 25 miles before returning to the program and parental notification. The student will miss one contest. Any second offense will result in running 50 miles as well as missing two contests. Should the offense occur in the off-season or in the summer, the conditioning program shall be completed in a reasonable length of time to be determined by the Athletic Director in the case of an athlete, or the Principle in the case of other student Representatives. The student will also be suspended from one contest in the next sport, or contest in which they participate. Any third offense will initiate a process involving the Athletic Director, principal, head coach and the parents in which the participant continued involvement in the program will be determined. The review committee may set conditions for reinstatement or remove the athlete from the program permanently.

### III. Tobacco

EVANT ISD is a tobacco free district and the use of tobacco is not tolerated. An athlete charged with witnessed by a school official or by self admission to have been in possession of or using tobacco will be dealt with as a serious matter. First offense will result in running 25 miles before returning to the program and parental notification. The student will miss one contest. Any second offense will result in running 50 miles as well as not participating in competition events until the conditioning program is complete. Should the offense occur in the off-season or in the summer, the conditioning program shall be completed in a reasonable length of time to be determined by the Athletic Director in the case of an athlete and the Principal in the case of other Student Representatives. The student will also be suspended from one contest in the next sport in which they participate. Any third offense will initiate a process involving the Athletic Director, principal, head coach and the parents in which the athlete's continued involvement in the program will be determined. The review committee may set conditions for reinstatement or remove the athlete from the program permanently.

### IV. Drugs

The issue of drug use will be handled according to EVANT ISD Drug testing policies.

- \* 1st offense: 25 miles
- \* 2nd offense: 50 miles

-If a student self reports and submits to the policy prior to the testing phase the administration may take this into consideration when establishing disciplinary action. In addition to the above described consequences each sponsor may have additional and/or discretionary consequences in order to become eligible for their program.

### V. Hair and Clothing

Clothing, hair, and facial hair will stay within EVANT ISD guidelines. No hats, shirts, or any clothing will be worn that is suggestive in nature or inappropriate in appearance. Student-athletes are a part of something bigger than themselves and are to represent the team and athletic program in a first-class manner at all times. Student-athletes may be given a game-day dress code.

## **VI. Piercing and Tattoos**

\* Pierced jewelry will not be allowed in athletics for males. Males will not be allowed to wear pierced jewelry at anytime that they are representing EVANT ISD. Band-aids, tape, etc. will not be allowed as a means of covering pierced jewelry in any athlete.

\* Tattoos will not be allowed to be visible while representing EVANT ISD. Coverings for all tattoos will be provided by the athlete at their own expense and must meet UIL and NFHS standards. (sleeves, tape, etc.)

## **VII. Equipment**

Each athlete will be issued equipment necessary for his or her sport. The student is then responsible for such equipment.

\*\*DO NOT take another person's equipment.

\*\*Athletes will not wear school issued equipment except at school practices or games.

\*\*An athlete may turn worn or unsafe equipment in for reissue.

\*\*Athletes will be charged a replacement fee for lost equipment.

\*\*A person in possession of another athlete's equipment will be assigned to "I.G." or Improvement Group. This is an after practice conditioning program to discourage behaviors unbecoming of an Evant Elk athlete. Stealing will not be tolerated.

## **VIII. Conduct and Attitude**

A person's conduct is directly related to their attitude. Attitude is determined by a sense of

values that the individual has for themselves, their peers and higher authority.

Participants should see themselves as ambassadors, not only for their program but for their school and community as well. Many people in other communities will develop an impression of EVANT from the conduct of the athletes/ student representatives from EVANT ISD at games in their towns. Participants are expected to represent our school in the most positive way possible. As a player on a team, the participant will be held to a higher standard than other students. The participant is expected to meet these higher standards on a daily basis.

### **General Rules of Conduct for Athletes/Student representatives**

\*\*Be a good citizen and associate with good citizens.

\*\*Take pride in your school work and do the very best you can.

\*\*Be respectful to those in authority

\*\*Be respectful and honest with yourself.

\*\*Take pride in your dress and appearance.

\*\*Treat property and equipment as if you paid for it.

\*\*Do not lie.

\*\*Do not steal.

\*\*Do not use profanity.

\*\*Give every practice your best effort.

\*\*Do not give up – NEVER GIVE UP!

Participants who are too sick to come to school or practice must call a coach/sponsor. Parents may call to let us know if their child is going to miss. Every practice has a purpose and is important. A player who skips practice is not fulfilling his or her responsibility to the team. Players are expected to be dressed in full workout attire, taped if needed, before the scheduled practice time. Arrange all appointments (dentist, doctor, extra-curricular activities) around our practice times, not during practice times. Playing time may be deducted for unexcused absences and will be under the discretion of the head coach/sponsor. Excused absences will require make-up conditioning at the discretion of the head coach/sponsor while unexcused absences will require make-up conditioning as assigned by the head coach. Excessive school/practice absences will designate the student/athlete as "at academic risk" with removal from athletics or program being an option.

#### **X. Injury**

It is very important that injuries be handled in the proper manner. Athletes should always first inform the coach of an injury. The injured athlete should always check with the coach before going home. This allows the coach to follow up with the parents about treatment or seeing a doctor.

An athlete who has been injured will follow these rules:

\*\*Inform your coach of the injury.

\*\*Inform your parents of the injury.

\*\*Except in cases of emergency, please consult the coaching staff as to the proper referral to a doctor.

#### **XI. Multiple Sports**

All athletes are encouraged to participate in more than one sport.

#### **XII. Hazing**

Hazing and initiations will not be tolerated under any circumstances.

#### **XIII. Respect to Coaches/Sponsors**

Coaches/sponsors should be addressed respectfully. Players in return will be treated with respect by their coaches/sponsors. Whenever a coach is speaking to you, whether individually or as a group, you will give him your undivided attention. Parental conferences or complaints will be scheduled during the coach or sponsor's conference periods of the regular school day, not immediately after any athletic contest. Disrespectful conduct by an athlete during practice or in a game will result in "I.G. work; game suspension; or dismissal from athletic program.

#### **XIV. What you can expect from our coaching staff/ Sponsor**

We will be fair with each player.

\*\*We will be unbiased with each player.

\*\*We will always be prepared and organized for each workout.

\*\*We will always listen to a player in the appropriate setting.

\*\*We will never give up on you as a player or person when effort still exists.

\*\*We will teach you life lessons through athletics.

\*\*We will always put the team in front of any one player.

\*\*We will help you reach your highest potential.

## **XV. Quitting**

**\*\*EVANT ELK ATHLETICS DOES NOT CONDONE QUITTING.**

**\*\*Anyone who participates in athletics will have a 10 DAY grace period in which to decide to participate.**

**\*\*If an athlete chooses to quit after that point, he or she must have approval from the coach of the team that they are quitting and the Athletic Director. If that approval is not given, then the athlete will be required to run 20 miles before they may begin another sport or be ineligible for the next sport.**

**\*\*The athlete will not be able to participate in any practices or contests of another sport until the sport that they quit has played the last game of its' season.**

**\*\*If an athlete is participating in more than one sport at the time of quitting, then he/she must run the 20 miles before they will be allowed to compete in a contest of the other sport.**

**XVI. A student may be removed from athletics or their program for conduct occurring off campus even while the student is not in attendance at a school sponsored or school related activity. Examples of behaviors warranting removal include but are not limited to the following: stealing, robbery, extortion, gambling, arson, indecent exposure, sexual misconduct, and / or sexual harassment, hazing, gang related behavior or activity, gang membership, burglary, vandalism, or assault.**

**XVII. If a student chooses to participate in one sport he/she will be in off-season. If a student is in athletic period, he/she will either be participating in a sport, in off season, or both.**

## **BASIC GUIDELINES FOR EVANT ELK ATHLETICS/PROGRAMS**

### **I. School Work**

- a. Excel in your school work regardless of whether you like the subject or not. You cheat yourself if you do not get the most out of your educational experience.
- b. Develop sound study habits. On the night before tests, isolate yourself and spend the time necessary concentrating on your academic subjects.
- c. Engage in some other wholesome, worthwhile extra-curricular activity in school other than athletics. This will develop you as a well-rounded individual.
- d. Refrain from cheating in any form to obtain better grades.
- e. Conduct yourself as a lady or gentleman at all times in the classroom. Be courteous to your teachers and show them your respect.

### **II. Your Conduct and Morals**

- a. Conduct yourself at all times in such a manner that you will be a credit to your parents, your school and your coaches.
- b. Obey your mother and father and take their advice.
- c. Always be truthful in word and action.
- d. Refrain from habits that are or could be harmful to your health.
  - 1) Tobacco
  - 2) Alcohol
  - 3) Drugs

- 4) Reckless driving
- 5) Wear a seatbelt
- e. Be a law abiding citizen and a good sport. Do not let your accomplishments in sports give you the "bighead." Be humble.

### III. Athletics

- a. Develop your physical capabilities to their fullest potential.
  - 1) Engage in a good weight or body-building program as recommended by your coaches.
  - 2) Engage in other physical activities as prescribed by your coaches to develop speed, quickness, agility and endurance.
  - 3) Practice sports skills as recommended by your coaches.
- b. Use your mental ability to improve your athletic skills. Gain knowledge about game or sports skills.
  - 1) Study and apply knowledge given to you by your coaches.
  - 2) Read materials available on sports skills
  - 3) Study others who excel in sports.
- c. Engage in more than one sport if you have the ability.
- d. Stay in good physical condition at all times.

## EVANT ELK ATHLETICS

All participants and parents must realize that participation in extracurricular UIL activities is a **PRIVILEGE** and not a right or scholastic requirement. Participants should also realize that failure to follow the UIL guidelines or Evant Athletic Department policies may result in the loss of this **PRIVILEGE** and the removal of the student from this program. Extracurricular activities require commitment and a great deal of sacrifice from both participants and parents. Once a player commits to the program, he is expected to be at all practices and games at the proper time. This often conflicts with family trips, meals and other activities. The decision to participate should be a family decision, because the entire family makes a commitment.

In order to participate in the Elk Athletic Program, the student must meet the following guidelines:

1. Be a student in good standing enrolled in the Evant ISD.
2. Meet all UIL and district eligibility requirements.
3. Have a complete Physical form with the proper signatures on file.
4. Complete a medical history form.
5. Acknowledgement of rules from:
  - a) UIL rules
  - b) Evant Athletic JH/High School rules
  - c) Understand Three Strike Rule –  
First time punishment, second time punishment, third time removal.



Accepting the Challenge Evant Elk Extracurricular Oath

\*\*I have read the handbook and understand the policies of the extracurricular program.

\*\*I agree to follow all rules and guidelines expressed in the handbook.

\*\*I am ready to make the sacrifices and provide the effort necessary to make myself and Evant ISD the best we can be.

**I will strive to follow the following guidelines that exemplify an "ELKS" behavior:**

1. I have read and will follow all Evant ISD and UIL rules and policies.
2. I will be a leader and handle all of my academic responsibilities.
3. I will have respect for myself and those in authority.
4. I will not lie or steal.
5. I will not use alcohol, illegal drugs, tobacco or other harmful substances.
6. I will give my best effort at all times.
7. I will not use profanity.
8. I realize the importance of practice, and I will personally strive to participate in 100% of the workouts. I am aware that missed workouts result in make-ups the day I return.
9. I will never be out-worked or out-competed.
10. I will always put the interests of the team above my individual interests.
11. I will treat the locker room as if it were my home away from home. I will keep it neat and always pick up after myself.
12. I realize the terms and consequences of quitting.

**Participant's Name:** \_\_\_\_\_

**Participant's Signature:** \_\_\_\_\_

**Parent's Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

\_\_\_ Check if paper copy is requested.

